



“Check Your Feelings”

Wed Dec 6, 2023

I. **Mark 11:22-26**

A. When You Stand Praying....

1. When you are in the presence of God ready to receive His benefits and promises...
2. Your promises are conditional on your position (Be in the right position to receive your promise!)

B. If you have ought against any...(Look at **vs. 25 in the AMPLIFIED**).

- Any un-forgiveness
- Any hurt feelings, anger, jealousy, etc.

II. The Deception: It's ok to feel this way.

A. **Anger**

1. **Genesis 4:3-7**

- Anger not only steals your joy, but it drains your life!
- It affects every part of your being: who are you angry with? What are you angry about? Are the consequences of holding on to that anger worth it?
- When you stand praying....forgive (Learning how to pray for people is the best therapeutic medicine for your soul).
- Don't let the sun go down on your anger...deal with it quickly!

B. **Jealousy**

1. **Proverbs 14:30** (Bones, Marrow, and your Health)

2. The Religious (**Mark 15:10**)

3. Does it bother you to see others (who don't deserve it *in your mind*) blessed?

C. **Feeling Inadequate, Unloved, or Alone**

1. Satan's plan: To isolate you so your feelings move you instead of the voice of God.

2. Tell the devil out loud: **“I am loved by HIM!” “Since God has accepted me, I am never alone!”**

3. Elijah felt alone when he fell back (backslid) in his faith. The darkness sets in when you start giving place to your feelings.