



"He Sustains Me!"

Wed April 20, 2022

I. **Psalm 3:1-8**

A. From Battles to Triumphs

1. David had seen his share of battles...
2. Be careful to not get weary in the fight!
3. It is when you feel weary, feel alone, feel like you are the only one....this is when that precious Word of God, His encouragement, His sustaining power stands above it all!

B. **Sustain**

1. Hebrew: To bear up; to prop (lean); to keep, nourish, provide; to maintain
2. **Psalm 55:22** *"Cast your burden upon the Lord and He shall sustain you..."*

- **Psalm 46:10** *"Be Still and Know That I am God..."*

- **Are you still (leaning on God) or are you so busy, you cannot hear his voice?**

II. **His Joy & Peace...They Cover Me**

A. When God sustains you, there is nothing in this world that compares

1. **Isaiah 55:12** *"For you shall go out with joy, and be led forth with peace..."*
2. **Nehemiah 8:10** *"The joy of the Lord is your strength."*
3. **Psalm 126:5** *"He that sows in tears will reap in joy!"*
4. **Psalm 30:5** *"Weeping may endure for a night, but joy comes in the morning."*
5. **John 14:27** *"Peace I leave with you; my peace..."*

B. His Promises are True

1. Remind the Lord of His Word and Claim His Promises
 - * *"Lord, you said...By Your Stripes, I am healed; I claim it by faith knowing that your Word sustains Me!*
 - * *"Lord, you said, If my ways are pleasing to you, that you will cause even my enemies to be at peace with me; I receive this with joy and peace in Jesus' Name!*
2. Receive the Power of the **23rd Psalm** (read it, claim it, receive it now!)