



I. **Hebrews 5:11-14**

A. **Unskillful**

1. **Inexperienced; Ignorant**

2. So many Christians live in the dark when it comes to the promises of God; and even if they know what belongs to them, most have very little knowledge on how to get what is written in here (Bible) to manifest it to here (hands).

B. **From Milk to Solid Foods**

1. Too many people want to be pampered, taking no responsibility for their own faith (People like this never grow up in the things of God).
2. Solid food belongs to those who are growing, exercising their faith, learning every day on how to be a true follower of God, putting away envy, strife, and every work of the flesh.
3. **Disciple – Learner; pupil**
 - When you look at the disciples, you will find something that most people avoid talking about: **Jesus was hard on them!** (Remember this phrase).
 - When Peter walked on water and then began to sink...Jesus didn't say, “Way to go, you accomplished something amazing!” He said, “O thou of little faith, why did you doubt?”
 - When a man said, “I will follow you wherever you go...” What was Jesus' response? What was Jesus' response to the man who wanted to say goodbye to his family or to the one who wanted to go bury his father?
 - **John 6:60-68 – (phrase I mentioned to remember) It was only hard to those who were unwilling to learn...so the reality was this: Jesus wasn't hard on them personally, but hard on their perception!**

II. Deception In Perception

A. **How to train (Exercise) your senses**

1. Making “Walk by faith” your reality (**II Corinthians 5:7, II Corinthians 4:18**)
 - **You choose 2 things when it pertains to your eyes: 1.) what you look at, and 2.) what you see (they are not the same).**
 - Jesus saw the winds and the waves just like Peter did, but the difference was...one was moved by them and the other was not!
2. **Hebrews 12:2** “Look to Jesus...” **Proverbs 4:25** “Let your eyes look right on...”

B. **I Corinthians 2:14-16**

1. **2 laws:** Spiritual & Natural (most only live by natural laws...moved by what they see, hear, feel, taste, touch...their perception dictates the outcome).
2. **I Corinthians 3:1-3 – Are you skilled or are you inexperienced (Milk or Meat)?**