



“The Law of Submission”

Sun June 30, 2024

I. **James 4:6-10**

A. What is missing...

1. People have no clue of what it means...what it is..
2. Submission – The Simple definition is **To Obey, To Put Under; To Yield to the Authority of Another** (Hupotasso / Hupo – Under / Tasso – To Arrange)
3. With God, nothing is missing and nothing is broken...but to receive the benefits that He promises, we must know how God’s kingdom operates.

B. **Your Response is Necessary**

1. My Submission to God is My Response to His Goodness (He commands us to because He wants us to see the importance of it...just like a loving parent tells His child, “look both ways before you cross the street!” – The Command is not to hurt us but to help us!) People have grossly misunderstood submission by saying, “I will just trust in Him since He is in charge/sovereign”
2. When you actually understand and put into action the law of submission, you will be in covenant with God and BOTH of you will be in charge!

II. **I Peter 5:6-9**

A. The Benefits

1. **Power**...To Do What? To tread (**Luke 10:19**), to heal (**Mark 16:18**), to prosper (**Psalm 1:1-3**...we will come back to meditation), The Power to Live!
2. **Protection**...**Psalm 91:4**
3. **Peace** – **John 14:27**
 - All three combined equal one thing: FREEDOM
 - Without submission, there is no purpose; without purpose, there is no identity (Purpose is essential to every aspect of your life...your health especially depends upon it).

B. **How do I submit?**

1. **Meditate in His Word (Psalm 1:2 & Joshua 1:8)**

- *Studies on Meditation...Telomeres (protective caps on the ends of chromosomes/like the plastic tip on the end of a shoelace) were discovered by Dr. Elizabeth Blackburn, who won the Nobel Prize in medicine in 2009. She found that these telomeres shorten not only with age but also shorten due to stress and other factors; the more the telomeres shorten, the more risk of sickness and disease.*
- *Dr. Blackburn conducted a test with a group of volunteers in a 3 month meditation group vs. a group of volunteers that did not meditate: What she found was that the meditation subject’s telomeres actually*

lengthened...and the subjects experienced an increased sense of purpose in life.

- *Is it possible that we have allowed the hustle and bustle of “life” to take us away from finding that quiet place with God? Is it possible that Meditating in God’s Word is the exact same things as “He that dwells in the secret place of the Almighty....” And what Jesus calls the prayer closet in **Matthew 6:6**?*
 - *If natural studies show the power in relaxing and focusing on purpose and good things, imagine what casting your care over on Jesus and resting in Him will do!*
2. **Keep His Commandments...(I John 3:22 and I John 5:23)**
- We can ask because we are submitted...we know he hears and answers
 - How do I keep His commandments?...By Faith (**Hebrews 11:6**) & Love (faith works by love...**Galatians 5:6**).
 - Look at God’s commandments in a different light: They are not something I am told to do...or else; but rather, the Word and everything in it is something I love to do...My Father told me these things so I can avoid trouble!
3. **Give Him Praise**
- I enter His courts with thanksgiving and into His courts with praise...
 - I will give Him the sacrifice of praise continually, giving thanks to His name.
 - One of the greatest ways to show my adoration and submission is kneeling before His presence and/or raising my hands in surrender.
4. **Helping Others**
- *Remember the lawyer that asked “what must I do to inherit eternal life?”*
 - **Galatians 6:10** “As you have opportunity, do good...”
 - This is how God sees that you are His disciple (submitted in every way)...showing love, forgiveness, and help to each other.

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