



“Why Am I Afraid?” part 2 Sun Mar 22, 2026

I. ***II Timothy 1:7***

A. We answered the what and the why....now how do I overcome it?

1. ***I John 4:17-18***

- Fear has torment – Satan comes to steal, kill, and destroy
 - No fear in love...No fear in God
2. What did Jesus ask the disciples? Why are you afraid and how is it that you have no faith?
- Have faith in God....
 - Feed your faith and starve your fears! (Fear is an expression of doubt toward your faith in God).

II. Satan's Plan

A. Keep God's People Bound Through Fear

1. ***Luke 21:25-28***

- Hearts Failing Them (To Breathe Out or Faint) /Heart Disease is the leading cause of death globally, responsible for 32% of all deaths, often caused by high blood pressure, cholesterol, and LIFESTYLE FACTORS.
- If you have any fear in your life, you have stress, and stress is a vice-grip on life.

2. Prophecy of Truth...

B. Keep God's People In a Place So They Are Like Everyone Else (Normal)

1. ***Mark 4:14-19***

- If Satan can't steal the Word, he will bring persecution to cause offense; if he can't get you offended, then he uses the tactic that everyone in this world lives under the weight of: ***Cares, Money, and Lust!***

2. You are either “Chosen” or “Frozen”

C. Overcoming Satan's plan

1. ***I Peter 5:6-9 and James 4:7 (The place of submission is the place of power....think about it: we are afraid because we have no control).***

2. Don't worry...Don't be afraid – ***Matthew 6:25-30*** (Notice...faith).

3. ***Psalms 3:1-6*** – Believe It, Decree It...It shall be established.