



“Why Are You Afraid?”

Sun Sept 1, 2024

I. **Mark 4:35-41**

A. Understanding Fear

1. The first place it is mentioned is in **Genesis 3:10** when Adam and Eve partook of the forbidden fruit. Fear came into this world as a result of separation from God (Sin)...It was not a part of God's original plan.
2. Fear has torment...**John 4:18** (there is no fear in Love...no fear in God).

B. Understanding Faith

1. Faith receives from God...Fear steals from your relationship with God.
2. Faith and Fear do not mix...This is an important lesson on how to receive God's promises and how to understand that fear is actually a form of unbelief.
3. Reality Check: If you believed God and what He says, then why would you ever be afraid? (Why are you afraid...How is it that you have no faith?) – Jesus asked this question because it was valid to the degree that the disciples had already seen and experienced the miraculous power of Jesus...why wouldn't they have faith at this point? Why wouldn't we?
4. **Hebrews 4:2** “The Word did not profit them, not being mixed with faith in them that heard it.” If you want to be free from fear, your response is necessary....

II. I Am Redeemed

A. **Isaiah 43:1-2**

1. **Hebrews 13:6** “Boldly say, The Lord is my helper; what can man do unto me?”
2. **Galatians 3:13** “Christ has redeemed me from fear!”

B. **II Thessalonians 2:1-2**

1. **Soon Shaken – Quick and Sudden Shock or Distress**
2. **Troubled – Ongoing State of Worry or Inward Fear and Concern**

C. Make Up Your Mind to Live Fearlessly and Peacefully in These Last Days

1. **Colossians 3:15** “Let the peace of God **RULE**...”
2. Rule – Govern like an umpire who calls all the shots and makes all the decisions. (My peace will govern my life; I will not be afraid of....”).